Volunteer Requirements:
☐ Attend the CUA Informational Meeting, October 1, 7pm, Pryz 323
☐ Fill out Contact Information & Availability Form and turn into Campus Ministry
☐ Have a phone conversation with Ronald McDonald House Volunteer Coordinator
☐ Fill out a Children’s Hospital paperwork packet
☐ Provide proof of two negative TB tests
☐ Pass a background check conducted by Children’s Hospital
☐ Provide record of vaccinations
☐ Provide proof of a flu vaccine
☐ Attend a mandatory training by Ronald McDonald House
☐ Be eager to assist the children and families you’ll encounter!

To Volunteer on the CH Oncology Unit Floor
☐ Complete all the above
☐ Attend a mandatory training by Children’s Hospital (Feb. 8 & 9, 2014)
☐ Purchase a volunteer smock ($25)

This packet includes:
1. Overview & volunteer description
2. Contact Information & Availability Form
   ○ Due ASAP to Campus Ministry
3. Phone conversation preparation and tips
4. Resources for health requirements
5. Schedule for Children’s Hospital Shuttle Bus & Parking Information
Ronald McDonald Family Room
at Children’s National Medical Center

Overview & Mission
Ronald McDonald House Charities of Greater Washington, DC eases the hardship of children’s illness on families through programs that help children heal faster, cope better, and stay healthy - strengthening families during their most difficult or challenging times.

They accomplish this through their Ronald McDonald Family Room – “an oasis of calm in the midst of the hustle and bustle of the Hematology/Oncology unit at Children’s National Medical Center.” In the Family Room, parents and other caregivers can have a snack or cup of coffee, check email, do laundry, read, and talk together or relax for a few moments. Research shows that a family presence in the hospital helps children heal faster and cope better. Staying close by allows parents to better communicate with their child’s medical team and improves adherence to complicated treatment plans.

What Do Volunteers Do?
As a volunteer in the Family Room, you will:
- Greet parents & caregivers
- Assist families
- Provide support based on programming
- Perform light housekeeping
- Be warm, inviting, and helpful

Once you get trained by Children’s Hospital, you can exit the Family Room during your shift to go out onto the Oncology Unit and visit with the families and children.

Contact Information
CUA Student Leaders
Karyn Pieciak:
80pieciak@cardinalmail.cua.edu
Katie Kilner:
46kilnerk@cardinalmail.cua.edu

CUA Community Service, Campus Ministry
Emmjolee Mendoza Waters
Jessica Smith
202-319-5575, cua-service@cua.edu

Ronald McDonald House
Family Room Volunteer Coordinator
Michelle Kong: 202-529-8204,
michelle@rmhc-dc.org
Phone Conversation Preparation & Tips

Questions to consider before the phone conversation:

- Why do you want to work in the Family Room?
- Have you worked with sick children and families in crisis before?
- What do you think will be most challenging about this position?
- Have you experienced a significant death in your family within the last year? (*If you have, RMH & CNMC strongly recommend waiting until next year to volunteer.)
- Consider your volunteer and work background/history (if applicable), and have an honest discussion about your current time commitments.

Note: At this time, this volunteer position is not an internship program.

Resources for Health Requirements

TB Tests

- **CUA Health Services**, by appointment (202-319-5744)
  ($10 per test, $20 total cost – charged to your student account)
- **Unity Health Clinic**, by appointment (202-469-4699)
  Cost based on a sliding-scale, may be available for free
  40 Patterson Street, NE Washington, DC 20002 (NoMa Metro Stop)
- **Your primary care physician**

*If you have taken a TB test within the last 6 months, obtain a copy of the record to submit to Ronald McDonald House.

Vaccinations

- Contact Enrollment Services (202-319-5300) for a copy from your file
- Primary care physician
- If no records available, get a tiber test
  - Unity Health Clinic (see above, cost varies)
  - Your primary care physician
  - Other clinics

Flu Shot

- **CUA Health Services** Walk-In Clinics, no appointment necessary
  - Tuesday, October 2, 11am-1pm
  - Tuesday, October 8, 4pm-6pm
  (Cost is $25, will be charged to student account)
- **CVS**: 3601 12th Street NE Washington, DC 20017, (202) 529-8559
  (Insurance may cover cost; if no insurance, cost is $32)
- **Giant Supermarket**: 1050 Brentwood Road Washington, DC 20018 (Rhode Island Metro Stop), 202-281-3900
  (Insurance may cover cost; if no insurance, cost is $35.
  Buy a discount card for $10, the cost of the shot is $25, and receive a $10 gift card!)

*If you have received a flu shot within the last 6 months, obtain a copy of the record to submit to Ronald McDonald House.
Brookland Metro and Children’s National

Monday through Friday

6 - 10 am

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10 am - 2:30 pm

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2:30 - 5:30 pm

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5:30 - 8 pm

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The shuttle is free for employees, parents, and visitors to Children’s National Medical Center. It does not run on weekends or holidays.

Drivers:
Address: 111 Michigan Avenue, NW, Washington, DC 20010
Where to Park:
Underground parking for visitors is available at the Sheikh Zayed Campus for Advanced Children’s Medicine. Brightly colored signs will direct you into the garage and take a ticket at the entrance gate. Parking is also available in neighborhoods around the hospital.
Volunteer Contact Information and Availability Form

Turn this Form in ASAP to CUA Campus Ministry

Name: ____________________________________________

Cell Phone Number: __________________________________

Email Address: ______________________________________

Volunteer Availability (Circle the availability that works best for you.)

**Sunday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Monday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Tuesday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Wednesday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Thursday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Friday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm
**Saturday:** 9am – 12pm  12pm-3pm  3pm-6pm  6pm-9pm

*The above shifts are the times you’ll be expected to volunteer. Please factor travel time into your availability.*

**General availability for phone conversation:** Michelle Kong, Volunteer Coordinator at Ronald McDonald House, will call the number you provide above within the next two weeks.

**Sunday:** ____________________________
**Monday:** ____________________________
**Tuesday:** ____________________________
**Wednesday:** _________________________
**Thursday:** __________________________
**Friday:** ____________________________
**Saturday:** __________________________